



Food and Agriculture Organization
of the United Nations

SUSTAINABLE DIETS IN THE CONTEXT OF SUSTAINABLE FOOD SYSTEMS

A contribution to the Decade of Action on Nutrition 2016-2025

A TECHNICAL WORKSHOP
12-13 July 2017

IRAN Room

FAO Headquarters, Rome

An initiative in support of



Sustainable
Food Systems
PROGRAMME

UNITED NATIONS DECADE OF
ACTION ON NUTRITION
2016-2025

In collaboration with



United Nations System Standing Committee on Nutrition



Preliminary Programme

Wednesday, 12 July, 2017

- 9:00–9:30** **WELCOME**
Anna Lartey, ESN Director, FAO (tbc)
S.H. Francois Pythoud, Permanent Representative of Switzerland (tbc)
- 9:30–12:30** **SESSION 1: ASSESSMENTS TOOLS AND METHODS**
Chair: Fatima Hachem, ESN, FAO
- 9.30-9.40** *Towards a Composite Index for Sustainable Diets*
Elliot M. Berry, Hebrew University

- 9.40-9.50** *Including sustainability into new food based dietary guidelines, the inspiring example of The Netherlands*
Corné van Dooren, Netherlands Nutrition Centre, Netherlands
- 9.50-10.00** *The Food Sustainability Index: a qualitative and quantitative benchmarking model to foster the debate on how to move towards a more sustainable food system.*
Marta Antonelli, Barilla Center for Food and Nutrition
- 10.00-10.10** *An epidemiological study in humans (NutriNet-santé study): a relevant tool to address the sustainability of diets and food systems*
Emmanuelle Kesse-Guyot / Dr Julia Baudry/Dr Denis Lairon, FQH
- 10.10-10.20** *A Western Dietary Pattern Has The Highest Environmental Footprints Among Lebanese Adults*
Farah Naja, American University of Beirut, Lebanon
- 10.20-10.30** *Sustainability assessments and consumer trust: what exactly environmental claims convey to consumers?*
Milena Stefanova and Massimo Iannetta, ENEA, Italy
- 10.30-10.50** **Coffee break**
- 10.50-11.20** *Questions on presentations*
- 11.20-12.20** *Discussion on “Assessment challenges”*
- 12.20-12.30** *Wrap-up by the Chair*
- 12.30-14.00** **Lunch break**
- 14.00- 17.00** **SESSION 2: INTERLINKAGES BETWEEN DIETS AND SUSTAINABLE FOOD SYSTEMS/ MULTIDIMENSIONS OF DIETS AND THEIR IMPACTS ON THE SUSTAINABILITY OF FOOD SYSTEMS**
- Chair:** Alexander Meybeck, AGDD, FAO
- 14.00-14.10** *Sustainable food systems is a precondition for sustainable diets*
Barbara Burlingame, Massey University, New Zealand
- 14:10–14:20** *Holistic concept of “Sustainable Nutrition” with five dimensions and seven action-oriented principles*
Karl von Koerber and Nadine Bader, Working Group Sustainable Nutrition, Munich, Germany

- 14.20 -14.30** *Linking sustainable diets with the emerging concept of “Food Sustainability”*
Theresa Tribaldos, Johanna Jacobi, Stephan Rist, University of Bern
- 14.30-14.40** *How organic food systems may support the sustainability of dietary patterns*
Jostein Hertwig, BERAS International
- 14.40-14.50** *Sustainability of the diet in Nutritional Guidelines: the example of Italy*
Laura Rossi, CREA, Italy
- 14.50-15.00** *The Mediterranean diet as a case study for sustainable diets*
Roberto Capone, CIHEAM-Bari
- 15.00-15.20** **Coffee break**
- 15.20-15.50** *Questions on presentations*
- 15.50-16.50** *Discussion on “Diets and their impacts on food systems sustainability”*
- 16.50-17.00** *Wrap-up by the Chair*

Thursday, 13 July, 2017

9.00- 12.00 **SESSION 3: CASE STUDIES/LESSON LEARNED**

Chairs: Stineke Oenema, UNSCN; James Lomax, UNEP

- 9.00-9.10** *Healthy and sustainable gastronomy: invigorating food systems and enhancing sustainable eating patterns in Costa Rica*
Roberto Azofeifa, Ministry of Agriculture of Costa Rica, in name of the partnership on Sustainable Gastronomy: Government of Costa Rica, Hivos, INBio, Smaackmakers
- 9.10-9.20-** *Enhancing food and dietary quality through capacity Building of smallholder farmers in Eastern Kenya: A case of Anglican Development Services of Mount Kenya East (ADSMKE)*
Catherine Mwangi, Anglican Development Service of Mount Kenya East
- 9.20-9.30** *Transition Paths to Sustainable Legume-Based Systems*
Bálint Balázs, Environmental Social Science Research Group (ESSRG), Hungary
- 9.30-9.40** *Strengthening Local Food System Initiatives for sustainable diets*
K. Suresh Kanna, BERAS India
- 9.40-9.50** *Drivers of change for sustainable nutrition*
Frank Eyhorn, IFOAM
- 9.50-10.00** **(tbi)**

10.00-10.20 Coffee break

10.20-10.50 *Questions on presentations*

10.50-11.50 *Discussion on “A way forward”*

11.50-12.00 *Wrap-up by the Chair*

12.00-12.30 **CLOSING REMARKS**

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